



Proud to support Great Taste

Every year, the woma&home food team, Jane and Rebecca, help judge the Great Taste Awards. These awards find the best food and drink products from, often, very small suppliers. We judge completely blind so that we don't even see the packaging. This year, over 7,400 products were entered

and only 114 won the coveted three gold stars – the best of the best. At w&h we love to celebrate products from smaller producers, and thanks to the web, they are much easier to buy. These products are our pick of some of the three-star winners. We know you'll enjoy them as much as we did...

JANE CHOOSES THE BEST 3* WINNERS



Sticky Toffee Pudding, £7.60 for a family pack (cartmelvillageshop.co.uk, Booths and Waitrose)
Rich, moist, sticky – best served warm, with vanilla ice cream or clotted cream.



Uig Lodge Smoked Salmon, from £12 for 230g pack (uiglodge.co.uk) From an idyllic spot on the Isle of Lewis, this is top-notch salmon from RSPCA-accredited farms – dry and lightly smoky.



Cornish Saffron Cake, £5.75 (simplycornish.com) Made with Spanish saffron, this traditional fruited loaf cake is loved by the Cornish. Toasts well too, and makes a lovely gift.



Hotel Chocolat Kirsch Cherries, £7.50 for 154g (stores and hotelchocolat.co.uk) Whole destoned cherries soaked in Kirsch, then enrobed in layers of milk then dark chocolate.



Demarquette Hazelnut Pebbles, £5.50 for 95g (stores and demarquette.com) Roasted hazelnuts caramelised in vanilla beet sugar, covered in layers of chocolate. Oh goodness!



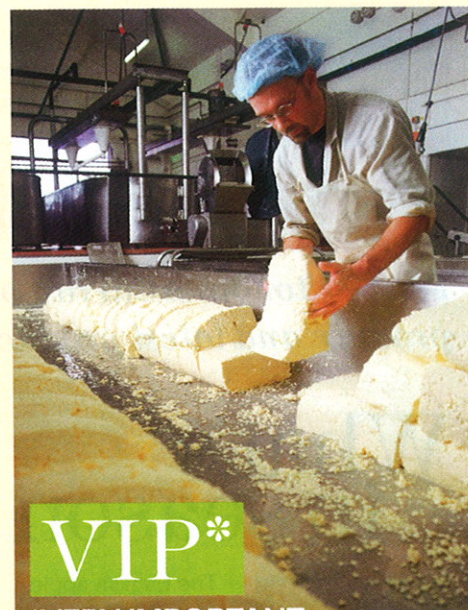
Teapigs Pure Lemongrass Tea, from £2.80 for 30g (teapigs.co.uk and independents) Lemongrass tea is caffeine free and drunk all over Asia as an aid to digestion.



Terre à Terre Sussex Crabapple & Calvados Jelly, £4.50 for 400g (terreaterre.co.uk) This sparklingly clear, clean and sharp jelly would be marvellous with any cheese.



Heavenly Honeycomb Crunch Ice Cream, £4.65 (see simplyicecream.co.uk for stockists) Made in Kent in small quantities with love and care – utterly indulgent.



VIP*

***VERY IMPORTANT PRODUCERS**

Top cheese

MARY QUICKE, QUICKES TRADITIONAL CHEDDAR



The Quicke family has been farming at Home Farm in Devon, not far from Exeter, for 450 years – since Tudor times. Mary Quicke is the current family member who makes their cheese and butter. The Extra Mature and the Vintage Cheddars have both won three gold stars at the Great Taste Awards. Mary talks to woman&home:

"Most Cheddar makers are men – I'm the only woman! I like to be lured and seduced by a cheese, rather than beaten up. Our cheese is quite complex and has a lot of depth, so this gives it more flexibility with flavour. I love it added to soup and to couscous salads that you keep adding to – tomatoes, onions, lots of parsley and lemon. Our mature and extra mature are great for cooking with as well as eating. I love all those interesting hedgerow 'hops and haws' flavours with cheese. I even made a jam one year, with the sloes left from sloe gin. It was a huge pain to get the stones out, but delicious!" For stockists and more recipes, or to buy online, visit quickes.co.uk.



For loads more foodie inspiration and brilliant finds to add variety to your meals, or to join one of our fantastic Supper Clubs near you, visit our website womanandhome.com and click on "Food" w&h